





Our aspiration is to combine
the healthy living and wisdom
of our grandparents with
the active life of today by
bringing the best of our land
to your plate in a sustainable
and responsible way.





3 distinct varieties of **EXTRA VIRGIN OLIVE OILS**

from the mountains and valleys of Greece.

With high level of polyphenols and vitamins A, E & K gives cardiovascular and anti-inflammatory benefits.



Just like grandma Sofia used to tell us:

"A spoonful of olive oil every day
keeps the doctor away!"



3 EXCEPTIONAL GREEK EXTRA VIRGIN OLIVE OILS







KORONEIKI

Messinia from the village of Chora

CLASSIC

With green and grassy notes and hints of green apple.





KORONEIKI & ATHINOELIA

Lakonia from the village of Asopos

FRUITY

Fragrant with flavors of green almond and herbs with a sharp finish.



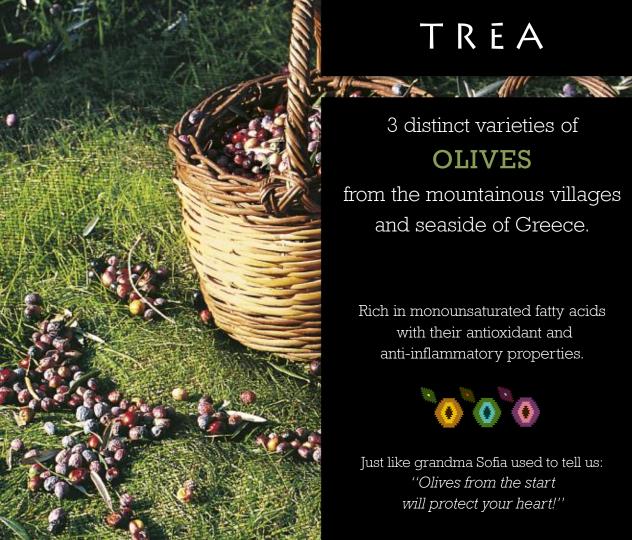


KORONEIKI & MANAKI

Argolida from the village of Epidaurus

MILD

Subtle with a sweet and soft texture and flowery aftertaste.



3 distinct varieties of **OLIVES**

from the mountainous villages and seaside of Greece.

Rich in monounsaturated fatty acids with their antioxidant and anti-inflammatory properties.



Just like grandma Sofia used to tell us: "Olives from the start will protect your heart!"



3 EXCEPTIONAL GREEK OLIVES VARIETIES





Messinia from the village of Valyra

CLASSIC
Juicy with a unique natural taste.



<u>^^^</u>



Argolida from the village of Mycenae

SHARP Pungent, salty-sour flavor.





Arkadia from the village of Astros

FIRM

Robust and meaty to match their imposing size.



TRĒA

3 varieties of the finest in the world

HONEY

from the mountains, bays and forests of Greece.

Full in antioxidants, minerals and vitamins it is beneficial for soothing coughs, boosting memory and treating wounds.







Just like grandma Sofia used to tell us: "A spoonful of honey into your hot tea will cure your cough immediately!"



3 EXCEPTIONAL GREEK HONEY VARIETIES





FOREST HONEY

Karditsa from the village of Marathia, Agrafa mountains

ROBUST
Woody taste
and rich scent.





PINE HONEY

Vytina from the foot of mountain Mainalo.

CLASSIC

Slightly earthy flavor and mild sweetness.





WILDFLOWER HONEY

Thassos from the bay of Prinos

SILKY

Strong floral aroma and silky texture.